



24. - 26. November 2017: FIS World Cup in Ruka.

Conditions	Tue 21.11.	Wed 22.11.	Thu 23.11.	Fri 24.11.	Sat 25.11.	Sun 26.11.
Snow temp. °C		-10,5	-11,0	-6,0	-1,0	-1,5
Air temp. °C		-11,0	-10,5	-6,0	0,5	-1,0
Air humidity %RH		83	86	93	99	88
Snow humidity (Ref. Doser instr.)		22	24	22	21	21
Snow type		Artificial + natural new	Artificial + natural new	Natural new	Natural new	Natural new
Weather		Partly cloudy	Cloudy	Cloudy	Cloudy	Cloudy
Swix recommendations						
Wax		DHF104	HF5X	HF6X	HF7X	DHF104
Cera F		FC7X	FC6X	FC6X	FC8X + HVC-W	FC78
Kick		-	VG30 + V30 + VR30	VG30 + V30 + VR45 + VX43	VG30 + V30 + V40 + VX63	-

RESULTS:

24.11.: Ladies sprint C

	Name	Nation	Skibrand	Poles
1.	Stina Nilsson	SWE	Fischer	SWIX
2.	Sadie Bjørnsen	USA	Fischer	SWIX
3.	Yulia Belorukova	RUS	Fischer	SWIX

24.11.: Men sprint C

	Name	Nation	Skibrand	Poles
1.	Johannes Høsflot Klæbo	NOR	Fischer	
2.	Pål Golberg	NOR	Madshus	
3.	Calle Halfvarsson	SWE	Rossignol	

24.11.: Nordic Combine Gundersen LH HS142/5 km

	Name	Nation	Skibrand	Poles
1.	Espen Andersen	NOR	Fischer	
2.	Jan Schmid	NOR	Salomon	
3.	Akito Watabe	JPN	Fischer	SWIX

25.11.: Ladies 10 km C

	Name	Nation	Skibrand	Poles
1.	Marit Bjørgen	NOR	Fischer	SWIX
2.	Charlotte Kalla	SWE	Fischer	
3.	Ingvild Flugstad Østberg	NOR	Madshus	SWIX

25.11.: Men 15 km C

	Name	Nation	Skibrand	Poles
1.	Johannes Høsflot Klæbo	NOR	Fischer	

2.	Didrik Tønseth	NOR	Fischer	
3.	Iivo Niskanen	FIN	Rossignol	

25.11.: Nordic Combine Gundersen LH HS142/10 km

	Name	Nation	Skibrand	Poles
1.	Akito Watabe	JPN	Fischer	SWIX
2.	Eero Hirvonen	FIN	Rossignol	SWIX
3.	Johannes Rydzek	GER	Fischer	SWIX

26.11.: Ladies 10 km F pursuit

	Name	Nation	Skibrand	Poles
1.	Charlotte Kalla	SWE	Fischer	
2.	Marit Bjørgen	NOR	Fischer	SWIX
3.	Ragnhild Haga	NOR	Fischer	

26.11.: Men 15 km F pursuit

	Name	Nation	Skibrand	Poles
1.	Johannes Høsflot Klæbo	NOR	Fischer	
2.	Martin Johnsrud Sundby	NOR	Fischer	
3.	Alexander Bolshunov	RUS	Rossignol	SWIX

26.11.: Nordic Combine Gundersen LH HS142/10 km

	Name	Nation	Skibrand	Poles
1.	Johannes Rydzek	GER	Fischer	SWIX
2.	Eric Frenzel	GER	Fischer	SWIX
3.	Eero Hirvonen	FIN	Rossignol	SWIX